American Society of Military Comptrollers Aviation Chapter

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Chapter President Beth Jankowski December 2021

Happy New Year My Fellow Financial Managers!

This time of year we usually look at our lives (and our scales) and make new resolutions. We will see an increase of fitness center advertisements for they want to take advantage of your resolutions before your goal to 'a better me' fizzles. The Times Tribune states that 80% of people will fail at their resolutions (3 Jan 2020). Why do so many fail achieving what they really want? Or maybe we should ask, how do we set goals so we can better succeed in improving ourselves?

First, develop your goals with purpose in mind rather than the outcome. For example, instead of your goal being "to get CDFM", you can reframe it to "I commit to learning the competency for each module and testing in the three competency areas, one module each quarter, in 2022 to advance my career and be more marketable professional." If CDFM is one of your self-improvement goals, I recommend reviewing the literature and practice tests found at https://asmconline.org/cdfm/.

Another purposeful goal is to compliment three people every day to edify those you encounter and be a more positive presence. The list can go on from professional development to self-development and anywhere in between. Just make sure you add "why" to your goal. Like the purpose of a weight loss goal could be to increase your confidence or so you can breathe after you zip up your pants.

Write down your goals and read them often to keep focused meeting your goals. Checking off your goals will be so satisfying, and can inspire you to reach for other goals. Remember these are your goals and you can succeed to be a better you – a great purpose indeed.

Twitter: @asmctweets Facebook: www.facebook/pages/American-Society-of-Military-Comptrollers Website: http://www.asme-aviation.org/

MONTHLY MEMBER MEETING

December Member Meeting



On Wednesday, 8 December 2021, Ms Olivia Lehman, Civilian Health Promotion Services, spoke on the topic "Get Your Plate in Shape and Stress Less for Healthy Holidays". Ms Lehman presented tips on healthy substitution options for holiday foods, and tips to cope with holiday stress. In addition, she presented how to exercise safely in the winter, holiday health and safety tips, and the importance of getting enough sleep.

Ms Jankowski, presented Ms Lehman with a virtual Certificate of Appreciation and a donation in her name to the Building Homes for Heros Ms Jankowski adjourned the meeting.

Upcoming Member Meetings:

Date: Tuesday, 25 January 2022 Time: 11:30am – 1:00pm Speaker: Mr James Oberg, DEAMS Functional Management Office Topic: DEAMS Miscellaneous Payments

Date: 1 February 2022 Speaker: Olivia Lehman, CHPS Health Promotion Coordinator Topic: Heart Health

February Events Flyer: https://usaf.dps.mil/sites/21288/FSS/FSD/FSDE/EE/Lists/Announcements/Attachments/87/WPAFB%20Education% 20February%202022%20Flyer.pdf?web=1



CHAPTER MEMBER NEWS

Congratulations

New Trainees AFLCMC:

Justin Tingley to WNS in cost Jasmine Flowers to WNS in budget Robin Fletcher to WFF in FMS budget

Promotions

Lt Col Stephen Gray, AFLCMC/FM Deputy Director, has been selected to be promoted to the rank of Colonel

Marjana Zupcsan, AFLCMC/FM-FZ, has been selected into the ranks of Senior Executive Service and will be the next AFLCMC Director and Comptroller Daniela Sowers, AFLCMC/WAM, promoted to GS-13 in WA/F-16 Evan Riethman, AFLCMC/FZC, completed training program and promoted to GS-12 Daniel Horine, AFLCMC/WAUF, promoted to a GS-09 Jaime Laquinta, AFLCMC/WA, promoted to NH03 branch chief Max Ramsey, AFLCMC/HIF, completed the FM Trainee program and promotion to GS-12 Aminah Costner, AFLCMC/WI, completed training program and promoted to a GS-12





Resolution is defined as a firm decision to do or not to do something; the quality of being determined or resolute. To further this definition - a New Year's resolution would be a promise to do something differently in the new year.

We asked our ASMC Aviation Chapter members: "What do you hope for with your life in 2022, or something you want to change or a goal to accomplish in the New Year?"

Between working full time, getting married in May, and working toward my MBA, my personal goal is to make time for myself to do things that I enjoy and ground me like yoga, leisure reading, and going to new parks or trails. - Kenzie Kush

Does win lottery count? - Debra Walter

My goal is to do more recreational reading rather than vegging on the TV or internet. Cheryl Van Daele, AFLCMC/WFF

I want to accomplish is getting my MBA. I should be done in December! Bailey Burchett, AFLCMC/WIJF

I want to improve processes to spend less time reacting to day to day churn and become more proactive on big picture initiatives. Keith Riethman, AFLCMC/WFF

My goals are: 1) Retirement, 2) Change the contract closeout process to a more expedited process, 3) Post more job announcements as "Remote Telework" eligible. John Shoemaker AFLCMC/LPF

Be more sociable - Since COVID-19, I've been staying home more and not getting out much. 2022 I pledge to call family and friends on a regular basis. Get out of the house more. Develop leadership skills – Stepping out of my comfort zone and developing leadership skills. Since I'm the lead for ASMC's Early Careerist committee, I want to reach out to senior leaders and mid-level leaders to speak at the monthly ASMC Early Careerist Lunch and Learns. Saundra Moncree, AFLCMC/WFF

If you want to learn more about how to make and keep New Year's resolutions the New York times has good article, "How to Make (and Keep) a New Year's Resolution" (https://www.nytimes.com/guides/smarterliving/ resolution-ideas).



Professional Development Corner



Looking for Job Opportunities? Job Boards: https:// org2.eis.af.mil/sites/22788/Lists/ AFMC%20FM%20Job%20Boards %20Links/AllItems.aspx

The ASMC Earlier Careerist has confirmed the following speakers to brief at their virtual luncheons.

Speaker Ms. Chantelle Dow on February 8 from 11:30 – 13:00 topic "Creating a Results-Oriented Resume"

Join MS Teams Meeting (copy/paste link into your browser)

https://dod.teams.microsoft.us/l/meetup-join/19%3adod% 3ameeting_15908c9260734b3ab974e6b92a01b2d4%40thread.v2/0?context=%7b%22Tid%22%3a% 228331b18d-2d87-48ef-a35f-ac8818ebf9b4%22%2c%22Oid%22%3a%22db4c3683-46bd-46dcb430-36ae9de49253%22%7d

If unable to log in (410) 874-6750 Conference ID: 372 334 166#

Speaker Ms. Jodi Pierri on March 1 from 11:30 - 13:00 topic "Pierri on Purpose"

Join MS Teams Meeting (copy/paste link into your browser)

https://dod.teams.microsoft.us/l/meetup-join/19%3adod% 3ameeting_e75e6aa778634204a5827d53ef8daeea%40thread.v2/0?context=%7b%22Tid%22%3a% 228331b18d-2d87-48ef-a35f-ac8818ebf9b4%22%2c%22Oid%22%3a%22db4c3683-46bd-46dcb430-36ae9de49253%22%7d

If unable to log in (410) 874-6750 Conference ID: 317 114 405#



Wright-Patt FM Leaders and FM Community,

It's that time of year again – to nominate outstanding individuals and teams for American Society of Military Comptrollers (ASMC) Aviation Chapter **Calendar Year 2021 Achievement Awards**! Please see our chapter website [https://www.asmc-aviation.org/] or contact Ms. Fast or your organizational VP for nomination forms. All achievement award nomination **forms should be submitted to sheena.fast@us.af.mil by 26 January 2022**. Ms. Fast will respond to all submissions to verify receipt, so if you don't hear back within 1-2 business days, please follow-up. (Note: achievement award nominees do NOT have to be ASMC members.)

We ask that you encourage your leadership teams to prepare and submit deserving individuals or team for one of the award categories (Accounting, Acquisition/Cost Analysis, Auditing, Budgeting, Comptroller/Deputy Comptroller, Contractor Support, Intern/Trainee, Finance, Resource Management, Small Team, Large Team). All nominees will be reviewed by a panel for our local awards and will also be submitted for the ASMC National Achievement Awards competition.

Members Additionally, financial educational assistance programs, the essay contest and other membership awards are also open for entries. Please see the ASMC website for more details and requirements: https:// asmc.secure-platform.com/a/organizations/main/home. This year's essay contest [due to National by 28 Feb] theme is the question "Recruiting and retaining talented financial managers is essential to DoD operations. What specifically would you share with a prospective employee to motivate them to consider federal employment in the financial management career field, and what you highlight as the most important reason for a current employee to continue serving?" For the Elsie Steffany Memorial Scholarship Award (Award includes CDFM enrollment, textbook, EDFMTC, 3 exams, PDI registration), submit your self-nomination to sheena.fast@us.af.mil by 18 January 2022. Only ONE may be submitted for each chapter, so we will evaluate all nominations received to select the chapter submission. Ms. Fast will respond to all submissions to verify receipt, so if you don't hear back within 1-2 business days, please follow-up.



TREASURER'S REPORT

November 2021

Treasurers: Dawn O'Connell and Rebecca Workman

	WPFCU - Chapter General Funds	Fidelity - Chapter Investments	Fidelity - Augsburg Scholarship
Beginning			
Balance	\$20,111.04	\$161,553.74	\$156,644.26
+ Income	\$0.06	(\$3,351.05)	(\$11,465.09)
- Expenses	\$150.00	\$0.00	\$0.00
Ending Balance	\$19,961.10	\$158,202.69	\$145,179.17

Note:

The Fidelity ending balances are 30 November 2021. The Fidelity account balances are investments and fluctuate with the market. This causes unrealized gains and losses, which are captured in the Income.

Aviation Chapter Calendar			
25 Jan	Speaker: Mr James Oberg, DEAMS Functional Mgmt Office		
1 Feb	Speaker: Olivia Lehman, CHPS Health Promotion Coordinator		



Battery Swelling

Most of our primary computing devices rely on some sort of rechargeable battery technology. A few types of rechargeable batteries exist. Some of the most common are Nickel-Cadmium (NiCd), Nickel-Metal Hybride (NiMH), Lithium Ion (Li-ion), and Lithium Ion Poly (Lithium Polymer or LiPo). A majority of current laptops and smartphones make use of Li-ion technology as it is currently the cheapest and has been in heavy use since the 1990s. Some newer smartphones are starting to use LiPo batteries. The two lithium types are further explained here. This tip will focus on the lithium-based batteries. Lithium rechargeable batteries are useful due to their unstable nature. This instability enables them to have a high power density and long life. Unfortunately, this also enables them easily become a serious fire hazard when not properly cared for. The chemicals and materials within these batteries are toxic and volatile. Battery swelling is the first sign of a lithium battery's impending failure. In short, battery swelling is caused because of a toxic gas buildup within the cells. The danger of the swelling is that it will eventually cause the case to crack or pop open exposing the chemicals to the open air causing them to catch fire or even explode.

An original cause of battery swelling is overcharging. However, most modern devices made over the last decade cannot overcharge under normal conditions. Older, or cheaply made, rechargeable lithium technology is where this risk remains. Today, the most likely causes are due to extreme temperature exposer and physical impacts due to dropping or smashing the battery. Additionally, lithium batteries are a consumable with a limited number of charge cycles and will eventually fail. The links below provide a lot of good information for taking care of your lithium batteries. In short, leaving your device plugged in all the time is ok. This can potentially shorten the battery life a little bit but not by much. You can charge the device overnight if you need it at 100% when you start your day. Most recommendations are to try to keep your battery within 20% to 80% as it can maximize your charge cycles. Beware heat when you can. Try to keep your device cool and do not use in high heat conditions for extended periods. The device will get warm under heavy use but if it becomes hot to the touch consider giving the device a rest or improve airflow for cooling. Do not leave your device in a car during hot or cold seasons. If it is bad for your pet, it is probably bad for your battery also. Never flex your battery or strike it. If you find that your battery is swollen, take action to replace it immediately as this CANNOT be repaired. If you notice smoke or smell something burning, immediately power off and place it in a safe/clear area or fire bucket. The fumes are toxic and the device may be about to catch fire or explode.

Remember, these batteries are designed to charge and discharge regularly. If storing the device for an extended period of time, drain the battery to 50% first. ALWAYS REVIEW AND FOLLOW YOUR DEVICE'S CHARGING INSTRUCTIONS

https://www.makeuseof.com/tag/leave-laptop-plugged-time/ https://www.pcmag.com/how-to/help-my-laptop-battery-is-swollen-now-what https://www.batteryworld.com.au/news/expert-advice/2020/i-have-a-swollen-battery-what-now https://www.ifixit.com/Wiki/What_to_do_with_a_swollen_battery https://support.apple.com/en-us/HT208387

Common Bad Habits with Laptops

Because laptops are light and portable, we often will use them in ways that can damage them. Some of them are obvious and others are habits that we have. These habits are easy to do when we are not paying attention but could harm our computer.

First, do not suffocate or smother your laptop. If you use your computer and notice it getting very warm when you are not working the system hard then check the air intake/exhaust for the fan. Make sure you are not blocking either of them. This occurs most frequently when you set the laptop on a surface that is not hard or flat such as blankets, pillows, carpets, etc. Overheating will not only slow down your computer but can cause permanent damage the hardware. Second, a laptop should be handled with some care. Avoid shaking, quickly picking up/setting down, or tossing your laptop even if it is a soft surface. This is particularly true when the computer is running as its mechanical components will have their own inertia and momentum that can cause damage when these jolts occur. If you have a mechanical hard drive, versus a solid state hard drive, doing these things while data are being accessed can cause data loss/corruption and even ruin the drive. Keep this in mind if you have your laptop in a book bag or suitcase. There may not be enough padding to protect your laptop.

Third, be careful and pick up your laptop with two hands, one holding each side. If you use one hand, the laptop should be closed and you should be grabbing the front or back. Grabbing a single front corner of your computer cause the motherboard to flex and eventually something will come loose, crack, or break. Only holding one side can do the same. Additionally, keep in mind which side the CD/DVD drive is on, squeezing that side tightly is not good for the drive. At no point should you ever pick a laptop up by the screen. Even though there is a metal frame around the screen, it is glass and as you wear that frame out then the screen will begin to flex and eventually crack.



COMPUTER TIPS and TRICKS by GEORGE DIEHL

Finally, do not tightly wind or wrap your power cord, or any electrical cords. This will eventually cause one of the many small wires inside the cord to break. Additionally, if you pick up and move your laptop while it is plugged in, do not drag the power brick across the floor without supporting where the cord plugs into your computer. Not only is this likely to cause a wire to break, it can also cause tension on the power socket (most are plastic on the inside) and break it. Then you will need to replace an internal component of the laptop. Similarly, setting it down on top of the power cord in a way that pulls on the plug while it is plugged in will do similar.

Monitor Cleaning

As many organizations have their employees beginning to return to the office a little bit at a time, many have been providing some cleaning supplies. Masks, hand sanitizer, and cleaning wipes are common items. Naturally, we would use these items to help keep ourselves safe and our workspace clean. Unfortunately, many organizations may provide cleaning wipes, which contain bleach or other strong chemicals. These wipes are really good for cleaning most of our workspace but they can damage certain surfaces. Laptop screens and monitor screens can be damaged by the use of harsh cleaning solutions (e.g., bleach, ammonia, acetone, alcohol).

When cleaning a computer screen, power it off. Unplugging the screen's power is recommended. Using gentle circular wiping motions when cleaning. First, dust off the screen and wipe it down with a dry soft cloth. Microfiber is an ideal material. Wipe down the screen with a damp cloth. Distilled water is recommended, if needed you can also use a 50/50 distilled water white vinegar solution. For touchscreens, you could also use eyeglass cleaner. Wipes made specifically for screens are also good. This article contains a good summary.



EXECUTIVE BOARD MEETING MINUTES

ASMC – Aviation Chapter Executive Board Meeting Minutes 14 December 2021 (1102-1157 hrs) Microsoft Team (CHES)

I. Call to Order - President: Beth Jankowski, 1102 hrs.

II. Attendance/Reports

Treasurers: Rebecca Workman, Dawn O'Connell Secretary: Shawn Kain (A) President-Elect: TBD Vice-Presidents AFAA: Brian Surowiec (A) AFLCMC: Dawn Holding (A) AFMC: JoAnne Hutchison (A) AFRL: Kristen Wentworth At Large: Amie Satterfield (A) Contractors: Patrice Solorzano 88th CPTS: Shannon Noles

Committee Chairs:

Audit: Stephanie Burd, Michelle Hatton Augsburg Scholarship: JoAnne Wills Awards and Recognition: Sheena Fast Chapter Competition: Heather Brodess (A) **Communications:** Colleen Robinson Advertising/Publicity: Anita Kearns Webmaster: Jonathan Paden Facebook Page Admin: Tracy Kremer (A) **Community Activities: Vacant** Health & Wellness: Fernando Mason Membership: Rhonda Pepitone, Cynthia Payne (A) Professional Development: Vacant Early Careerist: Saundra Moncree (A) **Programs**: Tammy Pendergast (A) Tickets: Elaine Norsworthy Ways & Mean: Vacant (A) = In Attendance

II. General Business

A. OLD:

- i. **Mini-PDI**: Beth asked the VPs to check with their FM front offices for April/May for efforts that would conflict with the Mini-PDI, such as FOCUS Week, FM Summits, and Leadership Conferences. JoAnne Hutchison spoke with TSgt Wilkerson (AFMC/FMAH) about submitting a Conference Package, and TSgt Wilkerson recommended we prepare the package in case we need to submit one. We did not have to submit a package last year, and we are looking for a sample previous package to update for this year.
- ii. Awards: Beth will ask Sheena when she plans to send the nomination call email.



iii. **Fundraisers**: The gift-wrapping event did not occur, and we will look for other fundraising opportunities.

iv. Community Activities: We need someone to lead a one-time event. If the board members know of a good candidate, they should submit the name(s) to Beth. JoAnne Hutchison contacted the House of Bread and will set up a weekend date in February for 10 to 12 volunteers to work around lunchtime. All volunteers must be fully vaccinated and be able to prep lunch, serve patrons, and clean for about 4 hours. Also, Beth will contact Fisher Nightingale House about doing yardwork in the spring/early summer for a community event.

v. **Holiday Pictures and Newsletter**: Holiday pictures and stories will continue into our next newsletter. Dawn Holding recommended we also collect stories of New Year's Resolutions, such as what people hope for in their lives in 2022, or something they want to change or a goal to accomplish in the New Year. vi. **Coins**: Beth will continue to collect quotes to purchase coins.

vii. **Luncheon Updates**: We need speakers for May, June, and July 2022. Please let Tammy Pendergast know if you have any ideas. Also, Brian Surowiec suggested doing a mix of small, in-person luncheons along with the virtual luncheons. Dawn Holding also recommended holding a social in conjunction with the Mini-PDI.

B. NEW:

i. **Early Careerist Program**: Saundra Moncree reported that her committee has been established and is now getting speakers focused on strengthening Early Careerist foundations. She has speakers for January, February, and March and is looking for speakers for the out months. For 11 January, the speaker is James Austin, and the topic is TBD. For 8 February, topic is Resume Writing. For 1 March, the speaker is Jodi Pierri, and the topic is Leadership/Professional Development. Saundra also wants to establish a mentor program that links seasoned experts with an Early Careerist needing assistance. In addition, Saundra did an interview with National last week about the Early Careerist program.

ii. **Facebook Page Admin**: Tracy Kremer volunteered to increase the Chapter's social media presence through our Facebook page. She will post information about luncheons, volunteer requests, and job opportunities, along with associated photos. Shawn Kain mentioned that we can put calls out for jobs, but we need to add EEO statements on the emails or postings.

iii. Chapter Competition: Heather Brodess is focusing on what still needs to be done to maintain our 5-star status. She has questions about where to send award packages so we get chapter competition points.
Heather also mentioned we need to ensure we keep track of articles that members write and plans for such things as the Early Careerist program so we get points. Beth and Heather will meet in January 2022 to go over all the activities to determine what needs to be done.

iv. Meeting adjourned @ 1157 hrs.



American Society of Military Comptrollers (ASMC) is happy to announce our first hybrid Professional Development Institute (PDI) 2022! We will be offering the option to attend PDI in-person in Atlanta Georgia, as well as an option to attend in a virtual capacity.

The PDI is ASMC's premier training event and will take place 1-3 June 2022 in Atlanta Georgia at the World Congress Center and on ASMC's Virtual Platform.

Pre-Conference courses maybe offered 30 May through 31 May, and those offerings will be confirmed prior to registration opening.

Join ASMC for this fantastic opportunity to learn and interact with participants from Service HQs and major commands, and to collaborate with leadership and peers. This event also showcases individuals and teams recognized by ASMC for their excellent contributions to the field of defense financial management in 2022. The PDI 2022 program will include general and Service Day sessions, mini-courses, and workshops that will focus on multiple defense financial management competency areas.

Important Information about PDI 2022

ASMC will be requiring vaccination to attend PDI in-person in Atlanta More information to come on how to verify vaccination status

In-person attendance will be limited for PDI 2022.

Allocations for our services will be determined no later than February 1, 2022 ASMC's virtual program will include selected courses from the live in-person training. The format (live, recorded) will be determined prior to registration launching Those recordings that are made available will be offered for 6 months or more following PDI for you to obtain full credits for all offered sessions. Pricing:

Pricing for PDI 2022 will be confirmed no later than January 20, 2022.

Stay tuned for more information on PDI 2022!



American Society of Military Comptrollers · Aviation Chapter

P.O. Box 33515 · Wright-Patterson AFB, OH 45433

2021-2022 Executive Board

President President-Elect Secretary Treasurers

Ms. Beth Jankowski TBD Mr. Shawn Kain Ms. Rebecca Workman; Ms. Dawn O'Connell

Organizational Vice Presidents

88th CPTS VP	Ms. Shannon Noles
AFAA VP	Mr. Brian Surowiec
HQ AFMC VP	Ms. Joann Hutchinson
AFRL VP	Ms. Kristen Wentworth
AFLCMC VP	Ms. Dawn Holding
At Large VP	Ms. Shannon Szeghi, new
Contractor VP	Ms. Patrice Solorzano

Committee Chairs

Audit	Ms. Stephanie Burd; Ms. Michelle Bahan
Augsburg Scholarship	Ms. JoAnne Wills
Awards and Recognition	Ms. Sheena Fast
Chapter Competition	Ms. Heather Brodess
Communications	Ms. Colleen Robinson
Advertising/Publicity	Ms. Anita Kerns
Newsletter Editor	Ms. Colleen Robinson
Photographer	Ms. Tracey Hearns
Webmaster	Mr. Jonathan Paden
Community Activities	Vacant
Health & Wellness	Mr. Fernando Mason
Membership	Ms. Rhonda Pepitone; Ms. Cynthia Payne
Professional Development	Vacant
Early Careerist	Ms. Saundra Moncree
Programs	Ms. Tammy Pendergast
Tickets	Ms. Elaine Norsworthy
Ways & Means	Vacant

